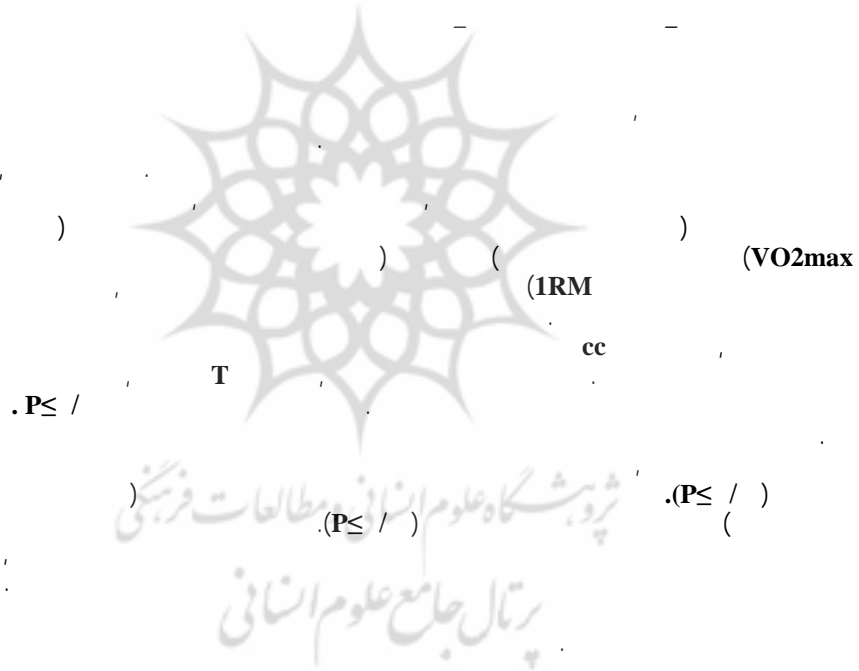


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Email : h_arazi2003@Yahoo.com

- 2 - Concurrent Exercises
- 3 - Leukocyte



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گاہ علوم انسانی و مطالعات فرہنگی ()

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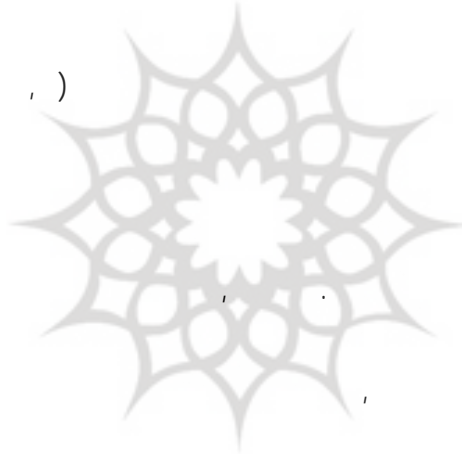
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- 1- Cytokines
 - 2- Leukocytes Adhesion
 - 3- Field et al
 - 4- Nielsen et al

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(1RM)(Kg)						VO ₂ max (ml/kg/min)	(Kg/M ²)	(%)	(Kg)	(Cm)	(Yr)	
/ ± /	/ ± /	/ ± /	/ ± /	/ ± /	/ ± /	/ ± /	/ ± /	/ ± /	/ ± /	/ ± /	± /	±

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/	/	/	/	/	
/ ± /	/ ± /	/ ± /	/ ± /	/ ± /	
*** ۵۴/۰۷ ± /	** ۵۲/۳۸ ± /	* ۵۳/۰۲ ± /			
*** ۵۴/۴۹ ± /	** ۵۳/۱۷ ± /			* ۵۳/۱۳ ± ۰/۶۸	

***, **, *



$$\begin{aligned} & \text{(VO}_2\text{max)} \\ & \text{() VO}_2\text{max} \\ & \text{()} \\ & \text{()} \\ & \pm / \\ & \text{VO}_2\text{max} \quad r = / \quad \text{VO}_2\text{max} \\ & \text{(HR}_5\text{)} \\ & \text{VO}_2\text{max (- / (HR))} \end{aligned}$$

پروپوزیشن کا نام انسانی و مطالعات فرہنگی (IRM)
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- 1- Fax
 - 2- Lat Pull-Down

(VO₂max)
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(VO₂max

1RM

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K₃EDTA

(Sysmex K-1000) Cell Counter

(PV)

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a,

:RCV,

: BV,

$$BV_a = BV_b \times (HB_b / HB_a) \quad BV_b = \text{mI}$$

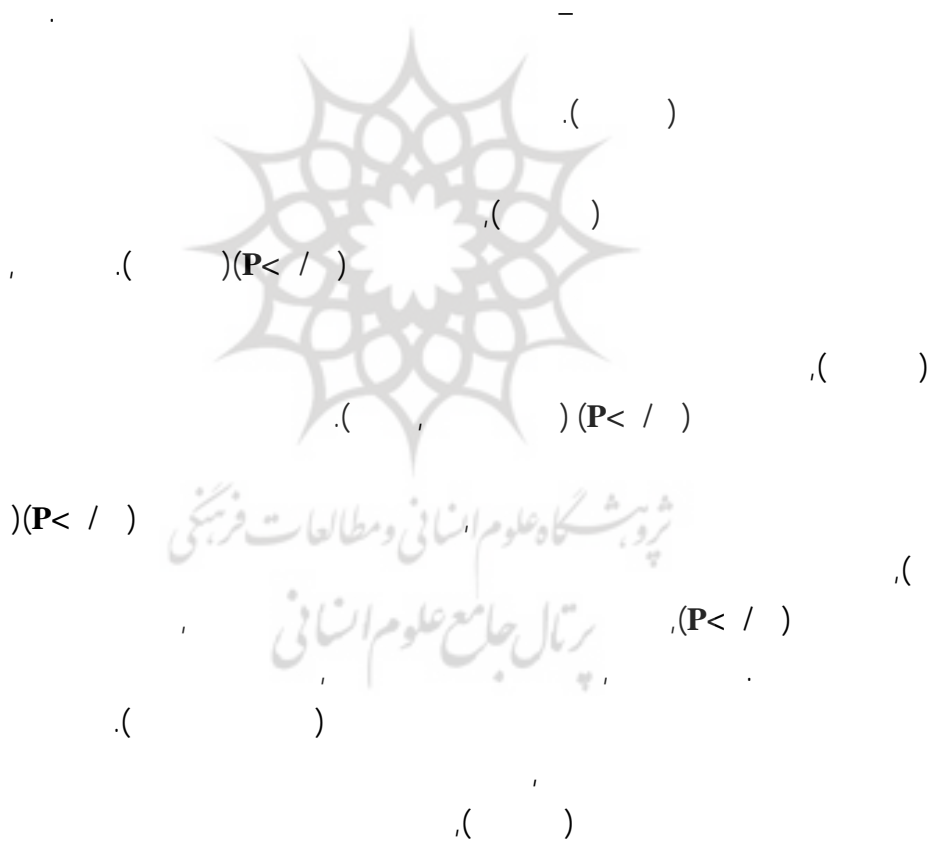
$$RCV_a = BV_a \times HCT_a \quad RCV_b = HCT_b$$

$$PV_a = BV_a - RCV \quad PV_b = [1 - (HCT_b / 100) \times 100]$$

t

SPSS/13

P< /



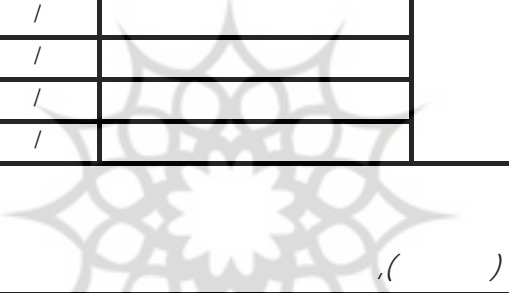
1- Bonferroni Post-hoc Test

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/	/	/	/		
/	/	/	/		(× ١٠ /μ L)

$P \leq /$ *

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P					
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/	/	/			(× 10 ⁶ /μL)
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P ≤ /

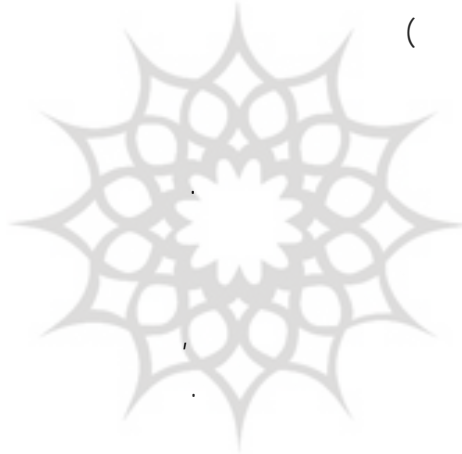
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پروہش گاہ علوم انسانی (مطالعات فرہنگی)
پرتال جامع علوم انسانی

1- Upper Respiratory Tract Infection

HPA



پروہشگاہ علوم انسانی و مطالعات فرہنگی
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1- Stress Hormones

2- Acute Phase Proteins

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